

London-Edinburgh-London 1400km Randonnée, 23-28 July 2005 at 0800

Audax UK

Entry Form (page 1 of 3)

Information and Regulations for Events administered by Audax UK

(Please retain this sheet)



Information:

This is an Event for experienced Randonneurs who will be aware of the following procedures:

- **Having the experience to ride this long event in a way that allows enough time for adequate food and sleep**
- **Whenever possible, familiarisation with the route before the event. Ensuring competence and fitness to complete the course, roadworthiness of the machine and possession of adequate cycle-repair equipment, spares and skills.**
- **During the event, riding safely, according to the rules of the road and personal capabilities and taking responsibility for personal feeding, warm clothing and rest periods, especially at night.**
- **Personally deciding not to continue if unwell or too tired**
- **As with any journey on public roads being aware of and allowing for highway design and maintenance, other users (especially horses), busy traffic conditions, the state of disrepair of the surface (potholes, trenches, ironwork etc.), debris and obstructions of all kinds and poor or non-existent lighting on night sections.**
- **As some roads could be high and exposed, with hills that could be steep and strenuous, carrying adequate food, drink, clothing and equipment for any conditions; preparing the machine (and rider) and carrying spares and tools – and knowing how to use them.**
- **In the event of bad weather, making a personal decision over starting or continuing; also being equipped to deal with bad conditions.**
- **Making private arrangements if back-up or rescue facilities are wanted, although if this is the case undertaking this ride at all should be reconsidered.**
- **Being adequately rested before travelling home after finishing**

As with all Audax UK rides you are on a private excursion on the public highway and subject to the law of the land, so ensure that you are fully capable and self-sufficient.

Relevant Regulations

2.1 - AUK responsibility: AUK and organisers will be responsible only for indicating or agreeing control points to confirm that a participant has completed a predetermined distance (the event) within the allowed time.

2.2 - Participants: Any person may take part.

2.3 - Machines:

(i) Any kind of cycle may be ridden provided that it is propelled solely by human muscular effort.

(ii) The responsibility for ensuring that a machine complies with the Road Traffic Regulations rests solely with its rider(s).

2.4 - Entry fees are not refundable.

2.5 - Riders' Insurance requirement: (this is included in the entry fee for the LEL). Riders must provide evidence of third-party insurance cover by giving their current AUK or relevant CTC or BC membership number on the entry form or must pay the current fee to give them temporary AUK membership.

The period of insurance for both full and temporary members of AUK is to the time of finishing or abandonment whichever is the sooner. The Entry Form must explain this requirement to entrants.

AUK members are covered under the above conditions for AUK events and Permanent rides in the UK and abroad (for all other purposes adequate travel insurance is desirable).

2.7 - Speeds: Events shall be run within maximum and minimum overall speeds and riders checked through a series of controls which have predetermined opening and closing times and which must be published in the brevet card of calendared events.

(i) - Minimum speeds which may not be altered shall be - for events from 1300 to 1899 km - 12kph,

(ii) - ...Minimum and maximum speeds will be noted in the Calendar.

2.8 - Brevet Cards: Brevet Cards shall be used for all AUK events. These will be issued before an event. It is the responsibility of the rider to ensure the safe keeping of the card and that it is properly filled in at each control with passing time, control stamp and the controller's initials, or with the required information in the case of Information Controls. The Brevet Card is the sole means of proof that a ride has been completed. If any of the control details are missing a rider may submit a written explanation with the card. The Validation Secretary may then award the brevet if the explanation is considered reasonable.

2.9 - Participation in events: Participants are on a private excursion on the public highway and their behaviour is covered by the law of the land. Participants may ride singly or in groups and may pace each other. Any other cyclist or motor vehicle must not pace riders or contact them between controls except in the case of an accident or emergency. Riders are responsible for their own feeding and may stop for food and rest at any place. Participants who infringe AUK Regulations, ignore event officials' instructions, or behave in a manner likely to bring an event or the club into disrepute may be excluded from the event.

2.10 - Controls: A rider arriving early at a control must not have the brevet card signed until the official opening time of the control. A rider arriving late may have the card completed, continue the ride, and submit a written explanation with the card. The Validation Secretary may then award the brevet if the explanation is considered reasonable. At the end of an event the rider must ensure that all necessary details are entered on the brevet card and sign the card. The card will then be forwarded by the organiser to the Validation Secretary for ratification.

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Entry Form (page 2 of 3)



Held under the Regulations (on page 1) of Audax UK. Entry during April and May only on this form
Please complete pages 2 and 3 and read and keep page 1. You **must** complete the sections in **bold** type on page 2

First Name: _____ **Surname:** _____

Home address: _____

Country: _____ **Postal (zip) code:** _____

LEL details will be sent out in mid-June. Please provide an alternative address if you need the event information to be sent to an address that is different from the one above.

Postal address: _____

Country: _____ Postal (zip) code: _____

Telephone No: _____ Include international dialling code if outside the UK

e-mail: _____

AUK memb. No: _____ Club/DA: _____

Nationality: _____ **Male** **Female**

Date of birth: _____ (**Entrants must be over 18 years old on 23 July 2005**)

Preferred Start: London Thorne The Organisers cannot guarantee a preferred start. When one location is full the Organisers reserve the right to allocate entrants to the other.

Contact details in case of emergency

Name: _____

Relationship to you: _____ (Wife, partner, brother, daughter etc)

Telephone Nos: Day: _____ Evening: _____

Include international dialling code if outside the UK

All entrants are Temporary Members of AUK only for the purpose of cover under AUK's Public Liability Policy for THIRD-PARTY INSURANCE COVER ONLY until finishing or abandoning the ride, whichever is sooner. For illness, loss or damage, repatriation, personal accident etc. adequate travel insurance will be necessary.

Please enclose 2 'passport' photographs (approx. 40x55mm)

I understand and accept the attached Regulations. I have read and accept the attached Information for AUK Events. I understand that during the event I am on a private excursion on the public highway, subject to all normal highway laws, and that I am responsible for my own conduct.

Signed: _____ **Date:** _____

Please send pages 2 and 3 to AUK, 64 Arklow Road, Doncaster, DN2 5LD, England

First Name: _____ Surname: _____

Please note that fees are not refundable. Please tick the appropriate boxes

<u>Item</u>	<u>£</u>	<u>€</u>	<u>Total</u>
Entry Fee	90.00	132.00	
Pasta party meal at London <input type="checkbox"/> OR at Thorne <input type="checkbox"/> Served 1700 – 2100 on Friday 22 July	8.00	12.00	
Bag drop at Hovingham (for London starters) <input type="checkbox"/> Bag drop at Dalkeith (for Thorne starters) <input type="checkbox"/>	5.00	8.00	
Accommodation Friday 22 July <input type="checkbox"/> At Lee Valley YH (London) Tues 26 July <input type="checkbox"/> Wed 27 July <input type="checkbox"/> Thur 28 July <input type="checkbox"/>	25.00 25.00 25.00 25.00	37.00 37.00 37.00 37.00	
LEL Souvenir Clothing			
LEL 2005 T-shirt S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> <i>Please specify size</i> 34-36 38-40 42 44-46in 86-91 97-102 107 112-117cm	(only 1 free)		00.00
Additional T-shirts S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/>	8.00	12.00	
Racing Jersey* (short sleeve, long zip) <i>Please specify: Man's fit</i> <input type="checkbox"/> OR Woman's fit <input type="checkbox"/> Size: S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL <input type="checkbox"/> XXXL <input type="checkbox"/> <i>Please specify size</i> 36in 38 40 42 44 46 91cm 97 102 107 112 117	38.00	55.00	
LEL Cotton racing cap One size only	4.00	6.00	
LEL Polo leisure shirt S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> <i>Please specify size</i> 34-36in 38-40 42 44-46 86-91cm 97-102 107 112-117	13.00	19.00	
<i>The Long Distance Cyclists' Handbook</i> by Simon Doughty (second edition). Usual price 15.99. Get it signed by the author! "Packed with easily digestible information...fully updated...an essential read..." <i>Cycling Weekly</i>	13.00	19.00	
(Please see notes below re. Payment) I enclose the Fee of £¹ or €¹	TOTAL		

¹Delete as necessary*For details on racing jersey sizes, please see Impsport's web-site: <http://www.impsport.com/pages/products/cycling/clothingsizes.htm>

The above goods are to be collected at Registration (Friday July 22, London or Thorne) or on the Saturday morning. Please note that these items might not be available for unless ordered and paid for in advance.

Payment: Please make cheques payable to Audax UK. If in £ Sterling the cheque must be drawn on a UK bank. Cheques in Euros must be drawn on a bank that is within the Euro Zone. For other countries, please send an International Money Order in Pounds Sterling; all bank and other charges must be pre-paid so as to yield the nett amount. Any shortfall for any reason will have to be made up before the ride may be started.**Entries will be accepted only between April 1 and May 31 and must be on this form****Please retain page 1 and submit both pages 2 and 3, together with full payment and the 2 photographs to:-****Audax UK, 64 Arklow Road, Doncaster, DN2 5LD, England**