

AUK Regulations

Audax UK - Regulations and *Appendices* - 2017

GLOSSARY

AUK Events are cycle rides registered with AUK.

The **AUK Calendar** is the list of cycle rides registered with AUK and published in Arrivee and on the AUK website.

A **Brevet** can be:

- (i) a certified ride ;
- (ii) the card carried on such a ride; or
- (iii) the award for successful completion of such a ride.

Brevet de Randonneurs Mondiaux (BRM) is a term registered to Audax Club Parisien (ACP), used to describe a cycling event of 200, 300, 400, 600 or 1,000 km, controlled through a series of time and distance checks by means of a 'brevet card'. BRM events are registered with ACP, appear in the Randonneur Mondiaux Calendar published by ACP and, when held in the UK, also appear in the AUK Calendar.

Randonneur Mondiaux events (RM) are as above but are registered with Les Randonneurs Mondiaux (LRM) and are 1,200 km or longer.

Brevet de Randonneur (BR) describes an event registered with AUK, similar to BRM but subject only to AUK Regulations.

Brevet Populaire (BP) describes an event of lesser distance and/or speed than a BR. Permanent events are BR or BP that are registered with AUK but not calendared and can be ridden at any time by arrangement with the organiser.

Audax Club Parisien (ACP) is the club which initiated the Brevet de Randonneur style of cycle ride.

Les Randonneurs Mondiaux (LRM) is the group of national organisations authorised by ACP for the administration of BRM and RM events in each member country. The Memorandum and Articles of Association of Audax United Kingdom Long Distance Cyclists' Association can be found in the [official section of the Audax UK website](#). Subject to the Memorandum and Articles of Association, the following constitutes the rules (the "Regulations") governing the conduct of officials and members of Audax United Kingdom Long Distance Cyclists' Association (the "Company"). Where there is any conflict between these Regulations and the Memorandum and Articles of Association of the Company, the Memorandum and Articles of Association shall take precedence.

Listed below are the Regulations and their Appendices of Audax UK. The Regulations and Appendices govern the administration of AUK and the system of AUK events.

The Regulations are highlighted in bold font, the Appendices in plain font.

1 Application of Regulations

1.1 The Regulations govern the administration of AUK and the system of AUK events.

1.2 The Regulations can only be changed at a general meeting of the Company.

1.3 The Appendices to the Regulations detail additional policy regarding the application of

the regulations.

1.4 The Appendices to the Regulations may be changed by the board during the course of the year, subject to ratification at the next general meeting.

1.5 Complaints Procedures: The Board of AUK will publish and operate a grievance procedure designed to deal fairly with perceived injury, injustice or wrong that affords reason for resistance or formal expression as a complaint, including the application of these Regulations and their Appendices

2 Affiliations

2.1 AUK associates with Audax Club Parisien (ACP) and represents ACP in the United Kingdom.

2.2 AUK associates with Les Randonneurs Mondiaux (LRM) and represents LRM in the United Kingdom.

2.3 AUK may affiliate with other organisations as appropriate.

3 Financial

3.1 Financial year: the financial year is the 12 month period ending 31 August.

3.2 Subscriptions: the level of annual subscriptions is decided at each AGM.

3.3 Honoraria: levels of honoraria payable to those officials nominated to receive them is decided at each AGM.

3.4 Expenses: officials and members with delegated duties are entitled to be reimbursed from AUK funds for expenses reasonably incurred in carrying out those duties.

3.5 AUK event charges: fees for services relating to events, including registration, validation and recording, are decided at each AGM.

4 Membership

4.1 Club annual subscriptions: the membership subscription year is January to December.

4.1.1 The initial subscription may include an enrolment fee.

4.1.2 New members who join after 31 August shall be members until the end of the following membership subscription year.

4.1.3 Life members:

- (a) any member over 65 years of age on 1 January who has been a member continuously for the previous 10 years may remain a member without subscription.**
- (b) a reduced subscription may be payable if AUK publications are required.**

4.1.4 Household members:

- (a) where one member of a household is a member, other members of the same household may become members at a reduced subscription rate.**
- (b) such additional household members will not automatically be sent personal copies of AUK publications.**

5 Officials' Duties

5.1 The board or any duly authorised committee shall allocate duties to its members having regard to their responsibilities.

5.2 A job description shall be prepared by each job holder and agreed with the board or the committee.

5.3 The general secretary shall hold the details, publicise their existence annually and make them available to any member on request.

6 Publications

6.1 AUK publishes a calendar of events.

6.1 AUK official publications include a yearly Organisers Handbook, magazine Arrivée and the AUK website.

7 AUK Events

7.1 AUK events are cycle rides approved and registered with AUK, organised by AUK members and published in the AUK calendar in time for riders to take part.

An AUK event may not be ridden concurrently with any other event eligible for AUK awards.

7.2 AUK Event Classifications: AUK events are registered as:

- (a) **Brevet de Randonneur (BR), an event conforming to Regulation 9 or**
- (b) **Brevet de Randonneur Mondiaux (BRM) a calendar event conforming to regulation 9 with modifications under regulation 10 or**
- (c) **Randonneur Mondiaux (RM), a calendar event conforming to regulation 9 with modifications under regulation 11 or**
- (d) **Brevet Populaire (BP), an event conforming to regulation 9 with the possibility of modifications under regulation 12**

7.2.1 Further Event Classifications:

- (a) Calendar events are ridden on specified date(s) published in the AUK calendar
- (b) Organisers of calendar events and their helpers may ride their own event(s) up to 15 days in advance or 7 days after the scheduled event date and be included in the event results.
- (c) Permanent events are BR or BP that may be ridden on any date by prior arrangement with the organiser.

7.3 Additional Event Classifications, plus additional regulations, may be designated by organisers, provided they do not rescind any AUK regulation or appendix, are agreed with AUK and are published in official AUK publications and in the event literature.

7.3.1 Additional Event Classifications:

- (a) (i) Arrows are 24 hour events, intended to be ridden as place-to-place rides. Riders provide organisers with their own control details. Randonneur standard Min/max distances are 360/720 km
- (ii) Darts are events, organised like Arrows, above, of under 24 hours.
- (b) Grimpeurs (G) and Super Grimpeurs (SG) are hilly events with points awarded under the Audax Altitude Award. See the AAA page of the AUK website for details.
- (c) Off-road events have a route consisting of not less than 50% unmetalled or unpaved surface over which cyclists have access rights or permission to ride upon. It must be acceptable to the Events Secretary and be designated Off-Road or Rough Stuff in the title.

- (d) Relays are a series of events between predetermined places and may be ridden singly or consecutively.
- (e) Team events are ridden by teams of 3, 4, or 5 machines (a tandem counts as one machine). At least 3 machines must complete an identical route/distance to be recorded. Each team nominates a captain to deal with the organiser.
- (f) DIY events (DIY) are permanent events where riders provide the organiser with their own control details.
- (g) Extended Calendar Events (ECE) add a DIY event to a registered calendar event.
- (h) Easter Trail or Trace Nationale is a team event for 2 to 6 machines validated by and run under the rules of Audax Club Parisien.
- (i) Super Randonnee Permanent Events are mountainous Permanents of 600 km., with over 10,000 metres of elevation gain, under the regulations of Audax Club Parisien (Note: see <http://www.audax-club-parisien.com/EN/421 - General Super Randonnée.html>)
- (j) Brevet UAF events, ridden in groups under the control of a captain, are validated by and run in the UK under the regulations of Union des Audax Francais (Note: see www.audax-uaf.com)

8 Validation

8.1 AUK arranges validation of participants' rides under the above classifications.

8.2 AUK maintains records of all validated rides.

9 Organisation and Conduct of Brevets de Randonneur

9.1 AUK and organisers are responsible only for indicating or agreeing control points to confirm that a participant has completed a predetermined distance within the allowed time.

9.2 AUK events are open to all cyclists, with the following provisos:

9.2.1 Non-members may be required to obtain temporary membership of AUK for the duration of the event.

9.2.2 Minors may take part, at the organiser's discretion, providing they have the consent of their parent or legal guardian and subject to any guidelines issued.

9.3 Any kind of cycle may be ridden, with the following conditions:

9.3.1 The cycle is propelled solely by human effort.

9.3.2 The responsibility for ensuring that a machine complies with the road traffic laws rests solely with the rider.

9.4 Event Entry: Entries must be made before the start of an event using the official form, or a textually exact copy.

9.4.1 The organiser may set a closing date for entries and/or a limit on entry numbers, which must be published in the calendar.

9.4.2 Entry fees are not refundable.

9.5 Insurance

9.5.1 All riders must have 3rd party liability insurance cover for the duration of an event.

- (a) All AUK members, including temporary members, who are normally resident in the UK, are provided with private 3rd party insurance while participating in AUK registered events.
- (b) Non-UK residents must arrange suitable insurance cover.

9.5.2 AUK has public liability and employer's liability insurance for organisers (and their helpers) of events registered with AUK and for members acting in a voluntary capacity for AUK as directors, officials, committee members or delegates.

9.5.3 Claims should be addressed in the first instance to the AUK secretary. There is an excess in place.

9.6 Distances: Any distance over 200 km may be offered.

9.6.1 Distances are registered and validated in increments of 100 km from 200km upwards.

9.6.2 The standard distances are 200, 300, 400, 600 and 1,000 km.

9.7 Speeds: Events are run within maximum and minimum overall speeds, published in the calendar:

9.7.1 The minimum speeds are:

- for events registered as 200 to 600 km – set by the organiser within the range 14.3 to 15 kph;
- for events registered as 700 to 1200 km - 13-1/3 kph;
- for events registered as 1300 to 1800 km - 12 kph;
- or events registered as 1900 to 2400 km - 10 kph; and
- for events registered as 2500 km and over - 8-1/3 kph.

9.7.2 The maximum speed for the whole or any part of an event is set by the organiser at any speed acceptable to AUK up to 30kph.

9.8 Controls:

9.8.1 Riders obtain proof of passage through a series of predetermined controls.

Acceptable proof of passage requires independent evidence of time, date and control location. Acceptable forms include:

- (a) A timed signature of a controller designated by the event organiser.
- (b) A stamp, sticker or other distinct mark provided by the event organiser or a controller
- (c) A printed receipt, with time, date and control location e.g. from a cash register or ATM
- (d) Other forms may be designated by the organiser, provided they are acceptable to AUK.
- (e) Where a rider is unable to obtain proof of passage, an alternative form may be accepted at the organiser's discretion

9.8.2 The controls are placed to ensure that the rider completes the validated distance.

- (a) Controls are placed at intervals of approximately 50 - 80 km at the discretion of AUK.
- (b) A route may visit a control more than once, but routes consisting of repeated passes over the same circuit will not normally be approved

- (c) Event routes set by the organiser are categorised as 'advisory' (riders may take any route between controls) or 'mandatory' (riders must follow the registered route).
- (d) Events with Mandatory routes may include unannounced controls and/or other measures to ensure riders follow the registered route.

9.8.3 The controls have predetermined opening and closing times.

Control opening and closing times are normally determined by dividing the distance of the control from the start by the maximum and minimum speeds, but may be adjusted by the organiser with the prior approval of AUK.

9.8.4 Controls may or may not be staffed by a representative of the organiser, the 'controller'.

9.8.5 A rider arriving late at the final control may give a written explanation. The brevet will be awarded if the validator considers the explanation is reasonable.

9.8.6 It is the rider's responsibility to ensure that all necessary details are provided in order to ensure validation.

9.8.7 Where the final control is unstaffed, and for all Permanent events, the rider shall return the brevet to the organiser within 14 days to be validated

9.9 Rider Conduct

9.9.1 Riders agree that they are on a private excursion and are responsible for their own safety and conduct. Riders must follow the rules of the road and show consideration to other road users.

9.9.2 Riders must be self-sufficient. Personal support is only permitted at the discretion of the organiser, with the agreement of AUK.

Organisers may provide support such as food and rest facilities at controls and route guidance. Riders remain responsible for their own welfare and may stop for food and rest at any place.

9.9.3 Riders who infringe AUK regulations, ignore event officials' instructions, or behave in a manner likely to bring an event, an organiser, or AUK into disrepute may be excluded from the event and from future AUK events.

Participants may ride singly or in groups and may pace each other but may not be paced by any other cyclist or motor vehicle.

9.9.4 Where riders' personal support is permitted, the rider and their helpers agree:

- (a) **Personal support is only allowed at controls**
 - (b) **Not to drive a motor vehicle on a section of route in use by riders, except within 1km of a control or in the case of an accident or emergency.**
 - (c) **The rider will be held responsible for the behaviour of their personal helpers.**
- 9.9.5 The organiser or AUK may impose additional conditions, provided these do not conflict with AUK regulations and appendices, and are published in the calendar and event literature.**

9.10 Results: AUK events are not races and no timed results list or placings list of any AUK event may be published.

10 Modifications of organisation and conduct applicable to Brevets de Randonneurs Mondiaux

10.1 BRM event distances and maximum time limits for their completion are as set down by ACP.

10.1.1 Only the standard distances may be organised.

10.1.2 Distances must not be more than 5% over the standard distances.

10.1.3 The maximum time limits for BRM events are:

- 200km within 13h30;
- 300km within 20h00;
- 400km within 27h00;
- 600km within 40h00; and
- 1000km within 75h00.

10.1.4 Minimum overall speeds for BRM events are: for events registered as 200 to 600 km - 15kph for events registered as 1000km – 13 1/3 kph.

10.2 In addition to AUK validation the brevet is validated by ACP.

11 Modifications of organisation and conduct applicable to Randonneurs Mondiaux events

11.1 RM event distances and overall minimum and maximum speeds are as agreed with LRM.

11.1.1 RM event distances are from 1200 km upwards.

11.1.2 Overall minimum and maximum speeds are as AUK Reg 9.7.1

11.2 In addition to AUK validation the brevet is validated by LRM.

12. Modifications of organisation and conduct applicable to Brevets Populaire

12.1 Machines: Electrically Assisted Pedal Cycles (EAPCs) may be ridden but such rides are not eligible for validation.

12.2 Distances: Brevets Populaire (BPs) may be of any distance acceptable to the AUK events secretary.

Standard distances are 50km, 100km and 150km.

12.3 Speeds: The minimum speed may be further relaxed at the discretion of the AUK events secretary

A minimum of 10 - 12.5 km/ph and maximum of 20 - 25 km/ph is normal practice.

13 Points and Awards

13.1 Points: Members shall be awarded points at a rate of 1 point for every 100km in BR, BRM and RM events validated by AUK, plus PBP, Flèches Nationales, BRM and RM events validated by ACP or LRM.

13.1.1 For the individual uncategorised points trophies listed listed on the AUK website, the number of points gained from permanent events must not exceed the number of points gained in calendar events."

13.1.2 It is the rider's responsibility to inform the recorder of points gained in events not validated by AUK.

13.1.3 AUK members who ride and appear on the result sheet of an official 24-hour time trial road ride organised under the rules of Cycling Time Trials or any successor body, may claim 1 point for every 100 km ridden in that event to a maximum of 7 points provided the member covers a minimum distance of 360km. Subject to a claim being made by the member, such points will count towards AUK individual and club awards for the AUK season within which the 24-hour ride occurs.

13.2 Awards and Trophies: These points shall count for awards and trophies awarded by AUK.

13.2.1 The season for trophies and awards is the 12 month period from 1 October to the following

30 September unless otherwise specified.

13.2.2 Whilst the club is non-competitive, trophies are awarded by the club to recognise outstanding achievement and contribution by riders, organisers and others. The Trophies are listed on the AUK website.

13.2.3. Distance medals, badges and awards: Riders who successfully complete a standard distance event up to 1,000 km shall be entitled to buy the appropriate medal and/or badge for that distance. A rider completing a BR, BRM or RM event is thereafter designated a Randonneur.

13.2.4 The Randonneur Award Series is for achievement in one season, *except where indicated*. Whilst a rider may complete the award in subsequent seasons, a rider completing a SR award is thereafter designated a Super Randonneur. All events of 200km or more must be BR, BRM or RM. For any distance a longer distance may be substituted. The Super Randonneur award is available to all riders; only subscribed AUK members are eligible for other Randonneur awards.

- (i) Randonneur 500: 50, 100, 150 and 200 km events.
- (ii) Randonneur 1000: 100, 200, 300, plus other events to a total of 1,000 km.
- (iii) Super Randonneur: 200, 300, 400 and 600 km events.
- (iv) Randonneur 2500: 200, 300, 400, 600 & 1000 km events.
- (v) Randonneur 5000: BR, BRM or RM events totalling 5,000 km.
- (v) Randonneur 10000: BR, BRM or RM events totalling 10,000 km.
- (vii) Ultra Randonneur : riders completing ten Super Randonneur series shall be eligible for the award of Ultra Randonneur. Only one series per year counts. The series do not have to be consecutive.
- (viii) Randonneur Round The Year: riders completing one 200km or longer event per month, as listed in the AUK event results.
- (ix) Randonneur 100,000: within any period of time, BR, BRM, ACP or RM events comprising a total distance of at least 100,000 km at randonneur standard.

13.2.5 The Brevet Award Series includes achievement over extended periods. All events of 200km or more must be BR, BRM or RM. Longer distances events may only be substituted for shorter where specified. An event may only count towards one award within a category, i.e., a B5000 and a B25000 but not two B5000. Only subscribed AUK members are eligible for Brevet awards.

- (i) *Brevet 250: in the same season five events at 50km. Substitution of a maximum of two 100km events is permitted.*
- (ii) Brevet 500: in the same season, five events at 100 or 150 km.
- (iii) Brevet 1000: (a) in the same season five events at 200 km or (b) over any period ten events at 100 or 150 km.
- (iv) Brevet 2000: over any period (a) ten events at 200 km or (b) twenty events at 100 or 150km.
- (v) Brevet 3000: over any period 3,000 km in any combination of events at 100, 150 and 200 km.
- (vi) Brevet 4000: over any period twenty 200 km events.
- (vii) Brevet 5000: within a four year period, events comprising a Super Randonneur, an event of 1000km or more, an additional event of 1200km or more, a 24 hour team Arrow and other BR, BRM or RM events to bring the total up to at least 5,000 km.

- (viii) Brevet 25000: within a six year period, events comprising 3 Super Randonneur, PBP or LEL, an event of 1000km or more, an additional event of 1300km or more, a 24 hour team Arrow and other BR, BRM or RM events to bring the total up to at least 25,000 km.

13.2.6 Audax Altitude Awards (AAA): the aim of the AAA is to encourage participation in hilly events. Full details of the AAA scheme are listed on the AUK Website.

13.2.7 Fixed Wheel Challenge (FWC): the aim of the FWC is to encourage participation on fixed wheel cycles. Full details of the FWC scheme are listed on the AUK Website.

13.2.8 The Randonnée Organiser Award (ROA) series marks organising achievement of individual Organisers according to the cumulative total distance of kilometres organised in BP, BR, BRM or RM events in the AUK Calendar. The standard distances will be used in the calculations. Organisers have the right to have their ROA level indicated alongside their events in the Calendar.

- (i) ROA 1000 kilometres organised in AUK Calendar events, over any period of time.
- (ii) ROA 2000 kilometres organised in AUK Calendar events, over any period of time.
- (iii) ROA 3000 kilometres organised in AUK Calendar events, over any period of time.
- (iv) ROA 4000 kilometres organised in AUK Calendar events, over any period of time.
- (v) ROA 5000 kilometres organised in AUK Calendar events, over any period of time.
- (vi) ROA 10000 kilometres organised in AUK Calendar events, over any period of time.
- (vii) ROA 25000 kilometres organised in AUK Calendar events, over any period of time.

Notes:

Appendix 13.2.5(i) was approved at the board meeting held on the 11th January 2017.

Appendices 7.3.1(i) and (j) were approved at the board meeting held on the 10th October 2017

Each of them is subject to ratification at the next AGM